

EMERGENCY HOTLINES

There is help available for you

Alcohol Treatment Referral Hotline
(800) 252-6465

National Suicide Prevention Lifeline
(800) 273-TALK (8255)

National Domestic Violence Hotline
(800) 799-7233

Planned Parenthood Hotline
(800) 230-PLAN (230-7526)

Rape, Abuse, and Incest National Network (RAINN)
(800) 656-HOPE

National Help Line for Substance Abuse
(800) 262-2463

Samaritans Crisis Response Hotline
Call if you just need someone to talk to
(212) 673-3000

National Alliance on Mental Illness
(800) 950-NAMI